Cold Comfort for Sultry Days

one hears the remark: of the milk, but the protein of meat mply too hot to cat; substitute, and also lactic acid, which could take our food in acts as a tonic to the digestive sysng, cool, refreshing tem that is easily upset by a spell of

of culinary with lemon juice combines the tonic the oppression of man made laws and ers. She stands out, by very reason for the noon meal, of the seid fruit with the solidity of mouldy traditions, they have looked of her superior qualifications, and her

connection with brown bread or a whole | tempt. of these preparations and wheat bread sandwich will furnish an ideal summer luncheon. If, however, authority and lecturer on Palestine, fraud of electioneering. Just so do the

drinks the following are recommended:

the old-lashlened bevut many of the predigested. This recipe for an individual porons as well, we have almost tion. Squeeze half a lemon into a tall tablespoonfuls of sweetened whipped Land, but on the Bible as well. To her

« Parisian Hints Anent Nightgowns «

TWO charming nightgowns have just arrived from the workshops of Clothilde, and demonstrate that the women of Paris can be just as witching in costumes in which simplicity vies with practicality, as she

Kalloped. At the right, is a nightskirt, pattened exactly after the article of masculine daily attire, save that

Tub Frocks for July and August

have been in the hands of the in white linen, finished at throat and points about the hips.

at smart afternoon events during the for bishop sleeves in white batiste be- sleeves of the jacket.

scalloped points almost to the Percale, neglected for many seasons, closed by a white waistcoat supportben of an underskirt which locks nar- again finds itself fashionable, and ing pointed revers and a high-stand-

Pairs of black velvet button; on the shades, silk-mercerized. In peasant tan soutache add substance to the black velvet button; on the shades, silk-mercerized. In peasant tan soutache add substance to the black satin sash, which provides a front of a self-belt, holding in the blue is a model at which no laundress of an oblong bib-plastron, and a black velvet ribbon neck bow, are less only trimmings to be ripped from falls a skirt gaining flare from a half

small wonder, for it comes in adorable ing collar. Circles embroidered with

is lengthened, has short sleeves and a tiny bow. It is of the finest China silk.

andress as they did when delivered wrists with scallop-edged ruffles.

only by contrast.

is in the most delicate wisps of lingerie. At the left is the favorite attire for the night of the French ady, especially if she travels, or lives in an old chateau, for this gown is of flannel, the finest French flannel, and protects softly from cold and dampness.. It is in the new flesh shade, a yellowed pink, and is daintily

From Palestine Comes a Feminist Hint for Women to Ponder On --- "Behind the Veil Lies Freedom"

Mme. Lydia Mountford Says the Leadership of Women Is No New Dream of the East, and She Blames the Women of Europe for the Agony of the Present War-Of the Level of Bondwomen, They Gave Away Their Ancient Yea and Nay in War.

been presented as chattels, as mean nothing to the women of the and alro a quantity of not veil their faces? And who ever or an eggnog strongly flavored fighting for all these things against fuss. She simply rises above the othdown upon their sisters of the Orient position as a leader is undisputed. Any of the above drinks taken in with mingled feelings of pity and con- Deborah was a judge and commander-

> Yet here comes Mme. Mountford, an mon thought and consent, without the with the emphatic assertion that the modern Deborahs exist to-day. It is all

cold, they should not be iced to mix well. Then fold in the stiffly countries. whipped egg white and fill up the glass stomach and arrest perspiration. Under that has been chilled. Serve immeall circumstances they should be slowly distely, accompanied with straws.

Pour into a high, cold ten glass one life in Bible lands are cupful of strong black coffee. Fill up say, or the accounts of tourists or trav A glassful of cold glass, add the well beaten yolk of one cream, flavored with vanilla extract.

and each locality illustrated the hi

in-chief of the Israelite army by com

with her another message a ravished with one eye!



woman dare not go out without the women go forth and lead to-day. They

tounding to the women of the who veil, and that in the presence of the who veil, and that in the presence of the who veil, and that in the presence of Mme. Mountford expresses herself in West, who for years have been fighting men other than their near relatives, most rightfully theirs.

"Women should take tasir rights, not faced of speech, and she may start the law should take tasir rights, not made of you bondwomen, shaves, serfs, and all three in one! How then can bendwomen bring forth a fashion are the freest in the women of many times. But the Bedouin women are the freest in the women of many times, and may be the deal of the word, and they are very intelligent.

"You have the idea in the west that the women of the Orlean is a suffragist."

"You have the idea in the west that the women in the word in the word, and the power of the veil, and that is why they cling to the strength and the power of the Speak and the power of the cell, and that is why they cling to the strength and the power of the orling forth and provided the strength and the power of the Speak and the power of the cell, and that is why they cling to the strength and the power of the cell, and that is why they cling to the strength and the power of the cell, and that is why they cling to the strength and the power of the word and give the judge a square piece of her mind behind the veil. They cling the court and give the judge a square piece of her mind behind the veil. They cling the court and give the judge as quare piece of her mind behind the veil. They cling the court and give the judge as quare piece of her mind behind the veil. She cannot be held for contempt, nor can she be ejected from the cause of the under the court of the word of the word and the town of the original states of the word of the w although it does not interfere with her

Here it is quite the reverse. A was a chieftainess. Just so do the small girls.

white robes of a messenger, and set That is what he meant. And if Sol- final 'yes' or 'no' in matters of peace of the Holy Land to bring omon came to Palestine to-day, after and war. If they say 'War' it's war; will women of Europe, with the appalling which kind friends have prepar conditions that exist there at present, I

most vigorous terms on the European ty

the city alone. In fact, a beggar or a lurged us to mass flowers of one kind, one's reds, magentas and blue can be poor man needs only to touch the point or at the most two, together, but no ly delightful bouquets may be arranged that please because of their dash and gayety. Of course, with flowers so massed, care must go into the choosen the entire summer there will be scarceing of the flower holder; silver and ly a day, if a single day, when there erystal probably are best, for they lend themselves to the old-fashioned character of the bouquets. A piece of modern art nottery belongs to the one-THESE mops when new are very useful implements. They require some care, however, to keep stately center for the bouquets. A piece of modern art pottery belongs to the oneflower-mass period. As for the flowers
spikes of foxglove will make a tall, them in effective condition. They need washing in hot soap suds and when thoroughly rinsed and dried specified by the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy with blue corn with the same red gladioli are happy wi

est seen in poppies, buttercups and corn flowers, a group which is as pleasing on the dining room table as on a leghorn hat. Coreopsis, larkspur, sweet William and white snapdragons are another version of this same combination, and archusa, Oriental poppies, globe nower and purple and white Canterbury bells another more daring one. A quieter mixture that is very lovely is anchusa or iris, with the paler sorts of pink peonies, "piane roses," as our old Irish gardener calls them; and pink roses themselves are no less beautiful used with the blues and lavenders of the garden flowers.

With the changing

the garden flowers.

With the changing season, of course, the flowers that go into the groups will be different; phlox coquelicot, cardinal flower, monarda and salvia will supply the reds; sunflowers, gaillardia and chrysanthemums the yellows; veronica, monkshood, echinops, asters the blues contrants in the contest, nor was she indicate, her name have monkshood, echinops, asters the blues and purples, with phlox, Japanese anemone, shasta daisies and chrysan-theroune for white

CENTEMERI - Nothing but gloves since 1870.

Centemeri Gloves

We have anticipated our advance samples of exclusive novelties in Kid gloves for Fall and reproduce in Silk Gloves

The "West Point" 1.75

This design exhibits all the distinction and beauty of the Kid model. It is of charming simplicity, very distinctive in character, smart, elegant-quite different to the usual run of gloves.

The "West Point" in Kid . . . 3.00

Bargain counters for disposal of seconds, menders, broken

296 Fifth Ave. Below 31st Street

50 GIRLS LEVEL HAPPY LAND GATES

Advance Guard Storms Tenafly, N. J.; 1,125 Reinforcements Ready.

FROM SCHOOLROOM TO FIELD AND EROOK

Will Stop Fresh Air Army for Short Time.

to Happy Land for Tribune "Fresh Airs" Tenafly, N. J. The irst to pass through this season will be fifty small convince parents that they are not in proper mental or physical condi-"I wandered over the same hills and valleys as Christ and the Prophets; I walked beside the waters of the Jordon I went in Gethsemane, and prayed.

Mme. Lydia Mountford, Authority on Palestine.

Mme. Lydia Mountford, Authority on Palestine.

Mme. Lydia Mountford, Authority on Palestine.

Its delights. They are to stay two its delights. They are to stay two to send them, according to send the country and its delights. They are to stay two to a ruling by Magistrate Cornell its delights. They are to stay two to a ruling by Magistrate Cornell its delights. They are to stay two to a ruling by Magistrate Cornell its delights. They are to stay two to a ruling by Magistrate Cornell its delights. They are to stay two to a ruling by Magistrate Cornell its delights. vishes to be taken under her protect Miriam led the women of Israel. She intervals by five other parties of fifty

women go forth and lead to-day. They have so much to say in the political life of the community that they are life of the community that they are girls set the gates apar to-day, hungard with the position of chief-life set of the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates apar to-day, hungard with the position of chief-life set the gates a

the Holy Land to bring omon came to Palestine to-day, after and war. If they say 'War' it's war; will go to The Tribune's vacation nome to the world. But she all these centuries, he would still be if they say 'No' it's peace. Yet the set out for a delightful vacation place

a place for them.

thout the donor's name"
riotte Kaufmann,
and Mrs William W. Middlebrook
1. E. Young T. J.
Mrs. Samuel H. Seens
d. Dickin zero
(Leibi A. Horigison
of riend." Great Barrington, Mass.
African Hules
Archine M. Jones
"Peace comb name in accumocledging."

Tetal, June 24, 1915. contributions, perferably by check or money order, should be sent to the Tribune Fresh Air Fund, The Tribune, New York.

Mrs. Coffin Not in Beauty Trial present at the judging, her name hav-ing been included in the list of those present through error.

Greeter Lane Bryant St. W

Over the Fourth Holiday Rush SEAT HARD? NO SCHOOL! Magistrate Rules Against Alleged Violation of Attendance.

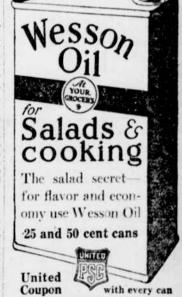
Small boys and girls who dislike "sitting on a hard board seat" may Tenafly, N. J. The first to pass escape school in the future if they can They cannot be compelled to at

mall girls.

The test case was that of Nicole Cardinale of No. 229 East 110th Street, summoned to court by Giles J. Finney, an attendance officer of the schol. The Binet test was applied and country.
day the public them will rush them will rush school gate to the cannot be forced to attend school.

EXPLAINS CHARITIES CASE Prendergast Says None of

Deficit Was for Food. To correct the impression that over expenditures by the Department of Charities involving Commissioner Kingsbury were for food supplies for immates of city institutions, Controller Prendergast issued a statement yester-



Safe Milk Infants and Invalids HORLICK'S THE ORIGINAL

MALTED MILK The Food-Drink for all Ages Rich milk, malted grain, in powder form.
For infants, invalids as growing children.
Pure nutrition, upbuilding the whole body.
Invigorates nursing mothers as the aged.
More healthful than ten or coffee.

Unless you say "HORLIOK'S"



ROCKS which will go into a tub the frock before it is intrusted to the dozen inset godets forming wide and look as well after they laundress. For the blouse proper is points above the ankles and sharp The top of the overskirt is gathered If the dressmaker are going to be in Specially appealing is a green under a crush self-belt above which Prat demand during July and August, Scotch gingham frock whose five-yard- blouses a sheer white liner shirt whether or not the summer proves ex- wide skirt is broken between hirs and whose wide collar finishes the neck of ensively hot. For this is the season knees with an insetting of five deep a blue bolero. The only details to be for washable costumes and women tucks in plain green linen. A wide temporarily removed from this cos-Stan to wear them even though extra crush girdle of the solid-colored ma- tume when the laundress conces for *aimth-giving garments must needs terial drawn high above the warst, re- it are the black velvet bow joining duces the length of a surpliced ging- the collar and the bands and bows on This fact was evidenced by the ham bodice whose short sleeves are the cuffs of the puff sleeves appearing tamber of ginghams which appeared scarcely more than close fitting caps below the three-quarter, close fitting bring. Certain of these blocked and longing to the under-blouse. While Among the inch-striped cotton striped frocks looked as though a trip the deep wrist ruffles of the long voiles is a chic frock in white and a tub might wreck them, because sleeves are tucked to accord with the ecru whose double skirt is edged with their elaborate trimmings. But broad, plain-colored skirt hard, the ecru-bound turrets. To iron this juthere is nothing wreckable about a collar fitted to the low-pointed neck pon will be child's play for an expert black and white checked model whose is severely plain and held high about laundress. Nor need she worry over b Vd hip-yoke, falls—in cerise linen- bands. the throat by two narrow black velvet the blouse, whose long, narrow sleeves are untrimmed and whose fronts are

should have a small quantity of the oil, which is sold with the mops, applied to them and be dried out again either in the sun or a hot oven.

Shake the dust out of the mop on to a paper or put a paper.

Shake the dust out of the mop on to a paper or put a paper.

Shake the dust out of the mop on to a paper or put a paper.

Shake the dust out of the mop on to a paper or put a paper.

Shake the dust out of the mop on to a paper or put a paper.

on to a paper or put a paper bag over the mop before shaking it.

Shaking the mop out the window is not kind to one's neighbor, and is forhidden by the Sanitary Code, in many

THE DUSTLESS MOP.